



TCU Turkey Trot 2009

What	A Faculty & Staff 5K run/walk
When	Friday, November 20 at 3:00 p.m.
Where	Meet at the main entrance to the Recreation Center
Why	Because it's not only fun it's good for you
How	Bring three items from the donation list below as your entrance fee. All donations will benefit Communities in Schools, a non-profit stay in school initiative.



Crayons
Map pencils
Assorted construction paper, 9"x12"
Notebook paper, wide ruled
Pencils #2
Highlighters
3-ring binders
Dividers

Pens
Liquid glue &/or glue sticks
Manila art paper, 9"x 12"
Spiral notebooks
Scissors
Markers (classic)
Red pens
Pocket folders w/3 prong fasteners

November Event Sponsored by TCU Wellness Committee and TCU Campus Recreation



TAKING CARE *of* U

wellness program

TCU